

Inventory of Oral Health Education needs

Dental Students (target group 1):

- the objectives of OH education
- the role of OH education,
- the main target groups involved in education activities,
- the steps of an OH education program,
- activities designed for OH education
- motivational strategies
- variables related to oral health status for monitoring the effects of OH education
- variables related to oral health knowledge and behavior for monitoring the effects of OH education

Adolescents 13-14 yrs and 15-16 yrs (target group 2) :

-knowledge about

- etiology of dental caries
- etiology of gingivitis
- methods to prevent dental caries
- methods to prevent gingivitis
- proper frequency and technique of tooth brushing,
- proper technique for dental flossing,
- using the auxiliary methods for preventing gingivitis and dental caries
- the role of fluoride in protection against cavities
- cariogenic food: which foods are cariogenic,
- the frequency of cariogenic food consumption,
- the cariogenic role of carbonated beverages,
- not to eat snack or to drink carbonated beverages, tea or milk after the tooth brushing before going to bed

- addressability to the dentist: when to address to the dentist (not only in case of a dental problem)
- effects of smoking on oral health

Parents (target group 3) :

- when appear the first teeth
- how to prevent or reduce the complications for dental eruption
- etiology of dental caries in primary teeth
- frequency of brushing their child's teeth
- proper technique for brushing their child's teeth
- how to choose a toothbrush for small children
- which toothpaste is recommended for small children
- cariogenic food: which foods are cariogenic,
- the frequency of cariogenic food consumption,
- the cariogenic role of carbonated beverages,
- baby bottle caries: why appears, symptoms, detection and preventive measures
- the need for checking periodically the health status of their child's teeth
- how to discuss with small children about dental hygiene and oral health
- when is appropriate for their child to eat food and drinks with sugar
- addressability to the dentist: when to address to the dentist

Dentists and dental nurses (target group 4) :

- methods for assessing oral health for students in school
- methods for evaluating the needs for dental treatment for school students
- how to discuss the causes of tooth decay and gingivitis with school students
- how to discuss the methods of preventing tooth decay and gingivitis with school students
- interactive methods of oral health education for schoolchildren
- the main deficiencies of the students in practicing a healthy behavior towards oral health

- who should be involved in education on oral health of school students
- topics of oral health education for schoolchildren
- how to motivate schoolchildren to change their oral behavior

Teachers (target group 5):

- how to discuss the causes of tooth decay and gingivitis with school students
- how to discuss the methods of preventing tooth decay and gingivitis with school students
- interactive methods of oral health education for schoolchildren
- how to motivate schoolchildren to change their oral behavior
- topics of oral health education lessons for schoolchildren
- etiology of dental caries
- etiology of gingivitis
- methods to prevent dental caries
- methods to prevent gingivitis